

Podiatrist Dr. Tanya Judd helps diabetic Veterans keep their feet healthy to avoid complications and amputations. Wednesday, March 25, 2015

Not very far from where she grew up in Washington, DC, Podiatry Surgeon Dr. Tanya Judd takes a special pride in treating Veterans who have served for the freedoms that all Americans enjoy. "It really is a special honor to treat Veterans, especially those from my own community," said Dr. Judd. She came to the Washington DC Veterans Affairs Medical Center (DCVAMC) in 2001 as a fresh-faced Podiatry resident and later returned in 2004 as a staff Attending. With her DPM from Temple University, she could have chosen to practice most anywhere, but she chose DCVAMC. She says she especially enjoys the comprehensive and continuity of care that she is able to provide to her patients at the medical center.

"There are many resources here that provide me with the tools necessary to give the best care to Veterans," said Dr. Judd. She says she also appreciates the multidisciplinary team approach that providers use to work together to ensure they provide optimum care to the patients.

She became interested in Podiatry after doing research for the Diabetes Prevention Program Study at the National Institutes of Health (NIH) as a college research intern. She recognized that diabetes can adversely affect the feet at startling rates.

"I decided to become a Podiatrist so that I could help prevent foot ulcers and amputations in the diabetes population and to be well-rounded in the field of Podiatry to provide specialized foot care and surgery for any foot condition.

There's something to be said about building a career in your own hometown-- a sense of connection that is tied together by long-standing community roots. Dr. Judd says she enjoys the relationships she has been able to establish with Veterans over the years.

"I am honored to have gained their trust," she says